

FFL ENTRUST GLOBAL ADVENTURE MENU WEEK 1

	Monday	Tuesday	Wednesday	Thursday	Friday
GLOBAL ADVENTURE	BRITISH Chicken, Chive & Mushroom Pie Creamed Potatoes Broccoli	BRITISH Cottage Pie Peas	BRITISH Roast Turkey Roast Potatoes Carrots Gravy	MEXICAN Chicken and Bean Chilli Wholegrain Rice* Lightly Spiced Sweetcorn with Lime	BRITISH Home-made Battered Fish Fillet Chips Baked Beans OR Peas
DESSERT	Pear Upside Down Cake served with Custard	Courgette, Apple & Cinnamon Muffin	Apple and Cinnamon Strudel served with Custard	Banoffee Pie	Chocolate Slice
HIGH STREET FAVES	DEEP SOUTH DINER Beef Burger	WINGS & THINGS Texas BBQ Chicken <i>Served with</i> Garlic Bread*	DEEP SOUTH DINER BBQ Pulled Beef Brisket	WINGS & THINGS New Yorker Quorn Dog	JAPANESE Katsu Fish Finger Wrap
ALTERNATIVE (V)	Louisiana Bean Pot (V)	Mac 'N' Cheese (V)	Veggie Lasagne (V)	Crispy Topped Sweet Potato Crumble (V)	Feta and Potato Frittata (V)
	Loaded Baked Potatoes with Coleslaw, Baked Beans or Tuna	Loaded Baked Potatoes with Coleslaw, Baked Beans or Tuna	Loaded Baked Potatoes with Coleslaw, Baked Beans or Tuna	Loaded Baked Potatoes with Coleslaw, Baked Beans or Tuna	Loaded Baked Potatoes with Coleslaw, Baked Beans or Tuna
	Coleslaw	Cucumber and Green Bean Salad	Corn on the Cob	Cauliflower	Sweetcorn
SPEEDY ITALIAN	Homemade Sandwich and Baguettes Selection, Salad Bar	Homemade Sandwich and Baguettes Selection, Salad Bar	Homemade Sandwich and Baguettes Selection, Salad Bar	Homemade Sandwich and Baguettes Selection, Salad Bar	Homemade Sandwich and Baguettes Selection, Salad Bar
	Pasta King	Pasta King	Pasta King	Pasta King	Pasta King
	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)

*Wholegrain ***Oily Fish (V) Vegetarian
Fresh Bread served daily

FFL ENTRUST GLOBAL ADVENTURE MENU WEEK 2

	Monday	Tuesday	Wednesday	Thursday	Friday
GLOBAL ADVENTURE	BRITISH Creamy Chicken Cobbler Thyme Potatoes Broccoli	BRITISH Pork Sausage, Mashed Potato and Red Onion Gravy Vegetarian Sausage Creamed Potato Broccoli	BRITISH Roast Beef Roast Potatoes Cabbage Gravy	JAPANESE Chicken Katsu Curry Japanese Noodles	BRITISH Home-made Battered Fish Fillet Chips Baked Beans OR Peas
DESSERT	Plum and Apple Shortcake Crumble served with Custard	Lemon Drizzle Cake Fruit Slice	Apple and Carrot Slice	Apple and Blackberry Pie served with Custard	Carrot & Banana Slice Fruit Slice
HIGH STREET FAVES	DEEP SOUTH DINER Beef Barbecoa Burrito	CHINESE Garlic and Soy Chicken <i>Served with</i> Garlic and Herb Bread	DEEP SOUTH DINER Creamy Fish Pasta Bake ***	WINGS & THINGS Maple and Mustard Glazed Chicken Melt Baked Garlic & Herb Potato Wedges	DEEP SOUTH DINER Piri Piri Pulled Pork Burger <i>Served with</i> Cajun Potato Wedges
ALTERNATIVE (V)	Sweet Potato & Squash Casserole (V) <i>Served with</i> Paprika Potato Wedges	Mac 'N' Cheese (V)	Corn, Black Eye Bean and Feta Soft Taco (V) <i>Served with</i> Jewelled Rice	Vegetable Lasagne (V)	Smoky Bean and Corn Topped Wedges (V)
	Loaded Baked Potatoes with Coleslaw, Baked Beans or Tuna	Loaded Baked Potatoes with Coleslaw, Baked Beans or Tuna	Loaded Baked Potatoes with Coleslaw, Baked Beans or Tuna	Loaded Baked Potatoes with Coleslaw, Baked Beans or Tuna	Loaded Baked Potatoes with Coleslaw, Baked Beans or Tuna
	Sweetcorn	BBQ Beans	Crunchy Salad	Apple Slaw	Coleslaw
SPEEDY ITALIAN	Homemade Sandwich and Baguettes Selection, Salad Bar	Homemade Sandwich and Baguettes Selection, Salad Bar	Homemade Sandwich and Baguettes Selection, Salad Bar	Homemade Sandwich and Baguettes Selection, Salad Bar	Homemade Sandwich and Baguettes Selection, Salad Bar
	Pasta King & Love Joes	Pasta King & Love Joes	Pasta King & Love Joes	Pasta King & Love Joes	Pasta King & Love Joes
	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)

*Wholegrain ***Oily Fish (V)Vegetarian
Fresh Bread served daily

FFL ENTRUST GLOBAL ADVENTURE MENU WEEK 3

	Monday	Tuesday	Wednesday	Thursday	Friday
GLOBAL ADVENTURE	BRITISH Cheddar and Caramelised Onion Tart Baked Garlic & Herb Potato Wedges Green Beans	MEDITERRANEAN Chicken Shawarma Flatbread Potato Hash Carrot and Orange Salad	BRITISH Roast Pork with Stuffing and Apple Sauce Roast Potatoes Carrots Gravy	INDIAN Chicken Tikka Masala Wholegrain Rice *	BRITISH Home-made Battered Fish Fillet Chips Baked Beans Or Peas
DESSERT	Vanilla and Blueberry Blondie Fruit Slice	Apple Cracknell served with Custard	Banoffee Pie	Chocolate and Raspberry Swirl Cake Fruit Slice	Banana and Berry Cobbler served with Custard
HIGH STREET FAVES	DEEP SOUTH DINER Bagel Cheeseburger Served with Baked Garlic & Herb Potato Wedges	ITALIAN Beef Bolognese	DEEP SOUTH DINER BBQ Chicken Mac "N" Cheese	WINGS & THINGS Cajun Pulled Pork & Bean Pitta	DEEP SOUTH DINER Chicken, Brown Rice and Beans *
ALTERNATIVE (V)	Cajun Halloumi and Pineapple Rice Bowl (V)	Feta and Chickpea Cake with Salsa (V)	Cajun Vegetable Burrito (V)	Cauliflower and Creamed Corn Bake (V)	Mac 'N' Cheese (V)
	Loaded Baked Potatoes with Coleslaw, Baked Beans or Tuna	Loaded Baked Potatoes with Coleslaw, Baked Beans or Tuna	Loaded Baked Potatoes with Coleslaw, Baked Beans or Tuna	Loaded Baked Potatoes with Coleslaw, Baked Beans or Tuna	Loaded Baked Potatoes with Coleslaw, Baked Beans or Tuna
	Radish, Pea and Leaf Salad	Roasted Vegetables	Crunchy Salad	Southern Greens	Crunchy Raw Slaw
SPEEDY ITALIAN	Homemade Sandwich and Baguettes Selection, Salad Bar	Homemade Sandwich and Baguettes Selection, Salad Bar	Homemade Sandwich and Baguettes Selection, Salad Bar	Homemade Sandwich and Baguettes Selection, Salad Bar	Homemade Sandwich and Baguettes Selection, Salad Bar
	Pasta King & Love Joes	Pasta King & Love Joes	Pasta King & Love Joes	Pasta King & Love Joes	Pasta King & Love Joes
	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)

*Wholegrain ***Oily Fish (V)Vegetarian
Fresh Bread served daily